# Efficacy and Safety of Sitagliptin in Various Clinical Settings of T2DM

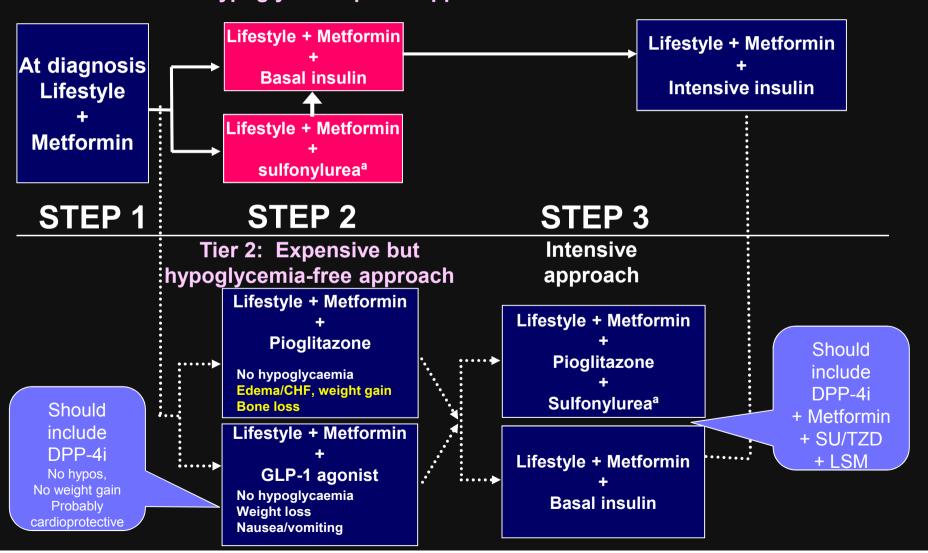
Young Min Cho, MD, PhD
Division of Endocrinology and Metabolism
Department of Internal Medicine
Seoul National University College of Medicine





# 2008 Updated ADA/EASD Algorithm for the Management of Type 2 Diabetes

Tier 1: Hypoglycemia prone approach



#### Glycaemic targets for the management of type 2 diabetes

Glycaemic targets for the management of people with type 2 diabetes as recommended by various organisations<sup>1–5</sup>

Organisation	HbA <sub>1c</sub> (%)	FPG (mmol/L)	PPG (mmol/L)
ADA-EASD <sup>1</sup>	<7	_	_
IDF-Europe <sup>2</sup>	<6.5	5.5 (<100)*	7.8 (<140)*
AACE <sup>3</sup>	≤6.5	6.1 (<110)*	7.8 (<140)*
NICE⁴	<6.5**	_	<8.5 (<153)*
DDG <sup>5</sup>	<6.5	_	_

FPG: Fasting plasma glucose; PPG: Postprandial glucose; ADA: American Diabetes Association, IDF: International Diabetes Federation; AACE: American Association of Clinical Endocrinologists; NICE: National Institute of Clinical Excellence;

DDG: Deutschen Diabetes-Gesellschaft (German Diabetes Association)

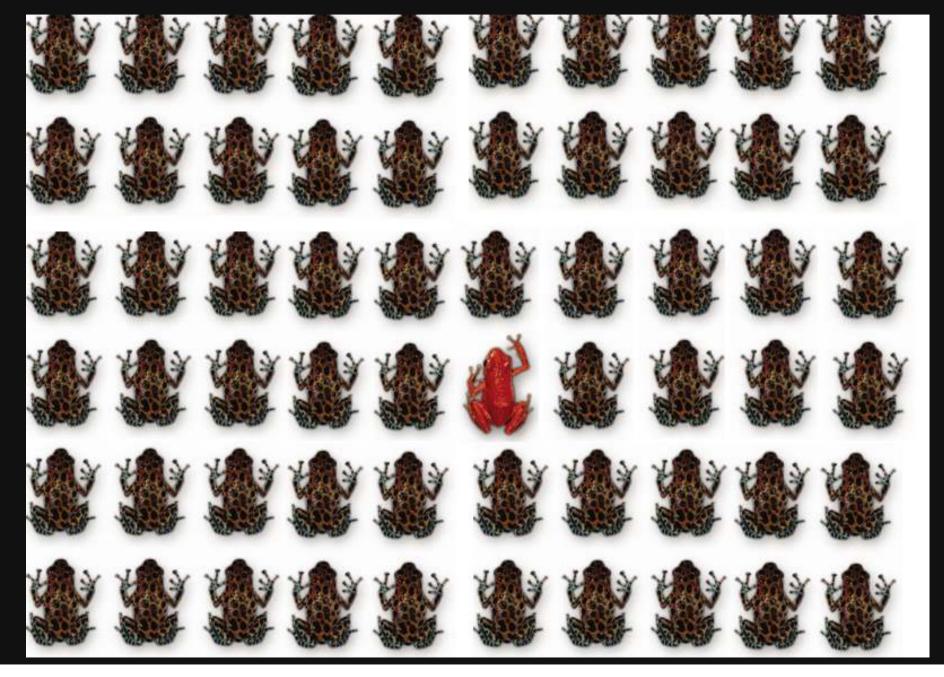
- Lowering blood glucose is critical to type 2 diabetes management in order to decrease the risk of macro- and microvascular complications
- This approach should be tailored according to individual needs

\*mg/dL

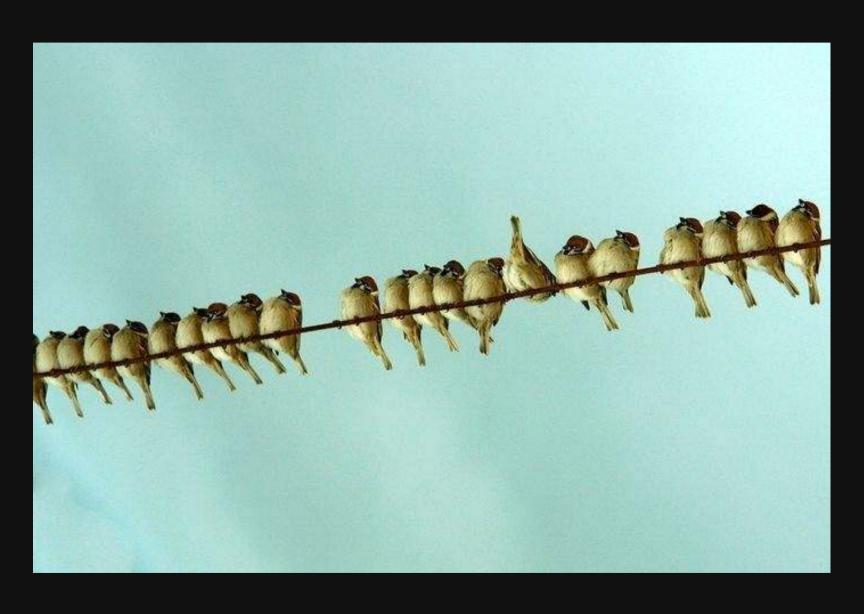
<sup>\*\*&</sup>lt;7.5% for people receiving two or more oral glucose-lowering drugs or those requiring insulin.

<sup>1.</sup> Nathan DM, et al. Diabetologia. 2009;52:17-30. 2. IDF. European Guidelines. 2007. 3. American College of Endocrinology. Endocr Pract. 2007;13 (Suppl. 1):1-68. 4. NICE clinical guideline 87. May 2009. 5. Matthaei S et al. German Diabetes Association guidelines. October 2008.

### One size does not fit all!



## Individualized approach

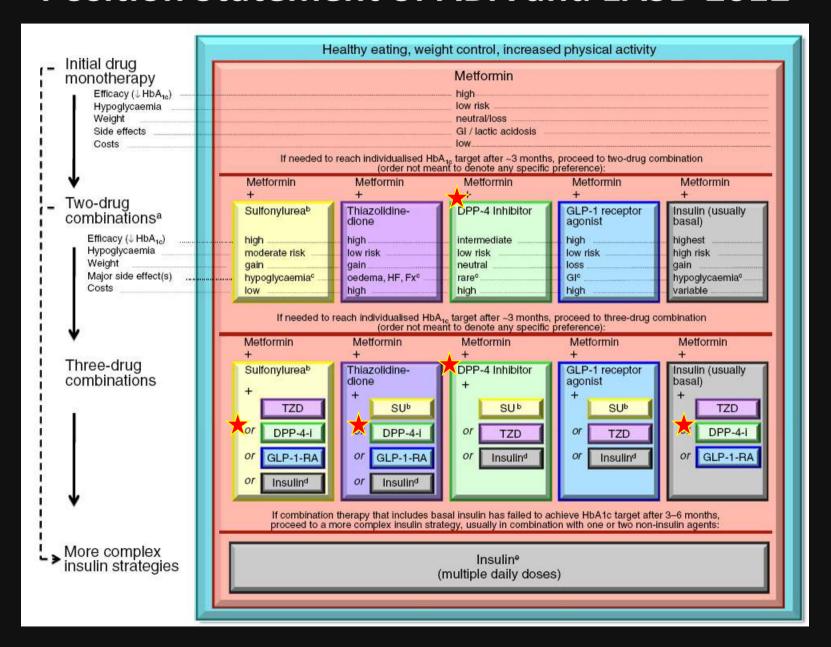


#### Individualization

Glycated Hemoglobin Range					
Most Intensive Level, Approximately 6.0%	Factors	Least Intensive Level, Approximately 8.0%			
Highly motivated, adherent, knowledgeable, strong self-care capability	Psychosocial considerations	Less motivated, nonad- herent, less knowledge, weak self-care capability			
Adequate	Resources or support systems	Inadequate			
Low	Risk of hypoglycemia	High			
Short	Duration of type 2 diabetes	Long			
Long	Life expectancy	Short			
None	Microvascular disease	Advanced			
None	Cardiovascular disease	Established			
None	Coexisting conditions	Multiple, severe, or both			

Figure 2. Suggested Goals for Glycemic Treatment in Patients with Type 2 Diabetes.

#### **Position Statement of ADA and EASD 2012**



## Take Your Pick!



The gliptins

#### **Contents**

- Sitagliptin : Comparison DPP4-I
- Sitagliptin: Proven Efficacy &Safety
- Sitagliptin : Providing new option for complicated patient

#### **Molecular Structures of DPP-4 inhibitors**

Chemical Class	β-Phenethylamines <sup>1</sup>	Cyanopyr	rolidines	Xanthine
Generic Name	Sitagliptin <sup>2,3</sup>	Vildagliptin <sup>2,4,5</sup>	Saxagliptin <sup>2,6,7</sup>	Linagliptin <sup>11,12</sup>
Molecular Structure	FINH <sub>2</sub> O NNNNNNNNNNNNNNNNNNNNNNNNNNNNNNNNNNNN		H NH <sub>2</sub> NC O HO	N N N N N N N N N N N N N N N N N N N

1.Kim D et al. *J Med Chem.* 2005;48:141–151. 2. Matsuyama-Yokono A et al. *Biochem Pharmacol.* 2008;76:98–107. 3.JANUVIA European Summary of Product Characteristics. 2010. 4.Villhauer EB et al. *J Med Chem.* 2003;46:2774–2789. 5.Galvus European Summary of Product Characteristics. 2010. 6. Augeri DJ et al. *J Med Chem.* 2005;48(15):5025–5037. 7.Onglyza European Summary of Product Characteristics. 2010. 8.Feng J, et al. *J Med Chem.* 2007;50:2297–2300. 9.Lee B et al. *Eur J Pharmacol.* 2008;589:306–14. 10.Christopher R et al. *Clin Ther.* 2008;30:513–527.

11.Thomas L et al. *J Pharmacol Exp Ther.* 2008;325:175–182. 12.Heise T et al. *Diabetes Obes Metab.* 2009;11:786–794.

### Pharmacokinetic Properties of DPP-4 Inhibitors

	Sitagliptin <sup>1</sup>	Vildagliptin <sup>2</sup>	Saxagliptin <sup>3</sup>	Linagliptin
Absorption t <sub>max</sub>	1–4 h	1.7 h	2 h (4 h for active metabolite)	1.34–1.53 h
Bioavailability	~87%	85%	> <b>7</b> 5 % <sup>4</sup>	29.5%
Half-life (t <sub>1/2</sub> ) at clinically relevant dose	12.4 h	~2–3 h	2.5 h (parent) 3.1 h (metabolite)	113–131 h (1–10 mg)
Distribution	38% protein bound	9.3% protein bound	Low protein binding	Prominent concentration-dependent protein binding: <1 nM: ~99% >100 nM: 70%–80%
Metabolism	~16% metabolized	69% metabolized mainly renal (inactive metabolite)	Hepatic (active metabolite) CYP3A4/5	~26% metabolized
Elimination	Renal 87% (79% unchanged)	Renal 85% (23% unchanged)	Renal 75% (24% as parent; 36% as active metabolite)	Feces 81.5% (74.1% unchanged); Renal 5.4% (3.9% unchanged)

DPP-4=dipeptidyl peptidase-4.

**1.** EU-SPC for sitagliptin, 2010. **2.** EU-SPC for vildagliptin, 2010. **3.** EU-SPC for saxagliptin, 2010. **4.** EPAR for saxagliptin. http://www.ema.europa.eu/docs/en GB/document library/EPAR - Public assessment report/human/001039/WC500044319.pdf. Accessed May 4, 2011.

#### DPP-4 Inhibitors: 제형별 비교

	Sitagliptin <sup>1</sup>	Vildagliptin <sup>2</sup>	Saxagliptin <sup>3</sup>	Linagliptin
Dose adjustment	100mg QD 50mg QD	50mg BID	5mg QD 2.5mg QD	5mg QD
Renal impairment Mild Moderate Severe	100mg QD 50mg QD 25mg QD	50mg BID 50mg QD 50mg QD	5mg QD 2.5mg QD 2.5mg QD	5mg QD 5mg QD 5mg QD
Drug interaction - CYP3A4/5 inhibitor	None	None	2.5mg QD	None
FDC w/ Metformin	50/500 BID 50/850 BID 50/1000 BID	50/850 BID 50/1000 BID	N/A (Kombiglyze)	N/A

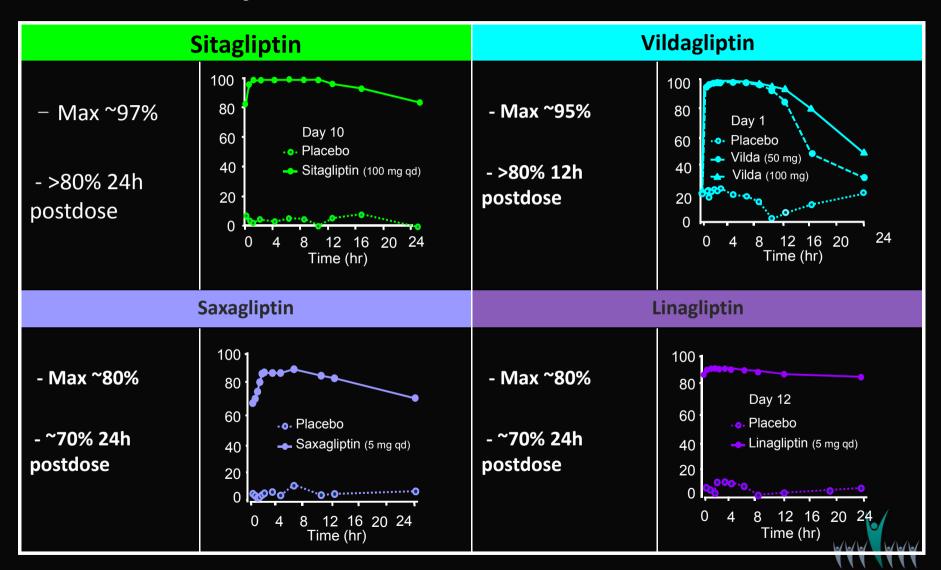
#### DPP-4=dipeptidyl peptidase-4.

<sup>1.</sup> EU-SPC for sitagliptin, 2010. 2. EU-SPC for vildagliptin, 2010. 3. EU-SPC for saxagliptin, 2010. 4. EPAR for saxagliptin.

http://www.ema.europa.eu/docs/en\_GB/document\_library/EPAR\_-\_Public\_assessment\_report/human/001039/WC500044319.pdf. Accessed May 4, 2011.

<sup>5.</sup> Heise T et al. Diabetes Obes Metab. 2009;11:786–794. 6. Reitlich S et al. Clin Pharmacokinet. 2010;49:829–840. 7. Fuchs H et al. J Pharm Pharmacol. 2009;61:55–62. 8. http://ezdrug.kfda.go.kr/index.jsp.

## Higher DPP-4 inhibition rate & longer duration leads to better efficacy



<sup>1.</sup> Bergman et al., Clin Ther 2006, 2. He et al., J Clin Pharmacol 2007 3. Boultor et al., Poster 0606-P; ADA 2007, 4. Heise et al., Diab Obes Metab 2009

#### DPP4 enzyme selectivity

IC<sub>50</sub> fold selectivity for DPP-4 vs. other enzymes

	Sitagliptin	Vildagliptin	Saxagliptin	Linagliptin
DPP-8	> 2660	270	390	40000
DPP-9	> 5550	32	77	>10000
FAPα	> 5550	285	> 4000	89
QPP/DPP-2	> 5550	> 100000	> 50000	>100000

Deacon CF, Diabetes, Obesity and Metabolism 2011;13: 7–18 Chen SJ & Jiaang WT, Current Topics in Medicinal Chemistry, 2011; 11: 1447-1463

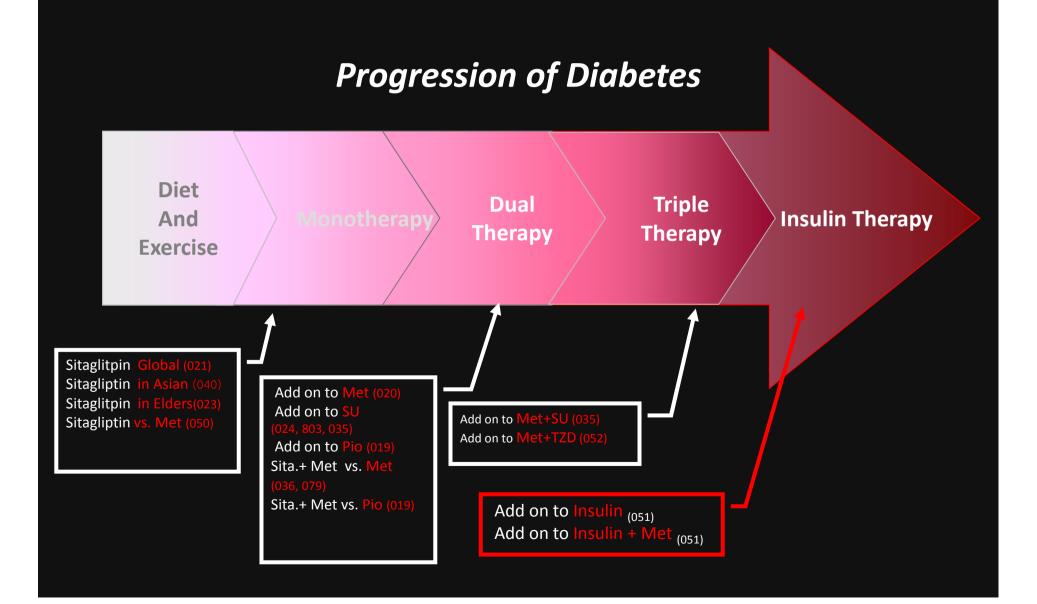


## **Sitaglitin: Proven Efficacy and Safety**

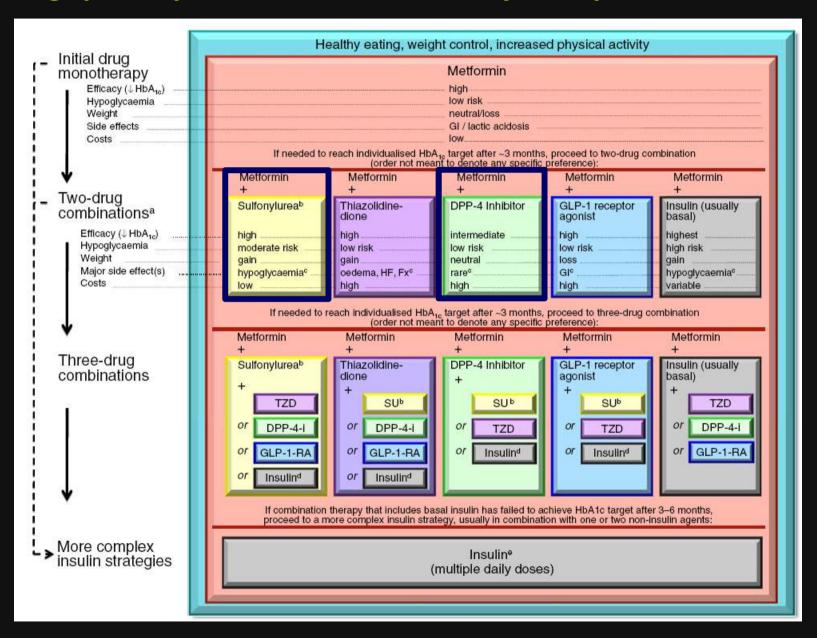




#### **Broad Indications for T2DM patients: Sitagliptin**

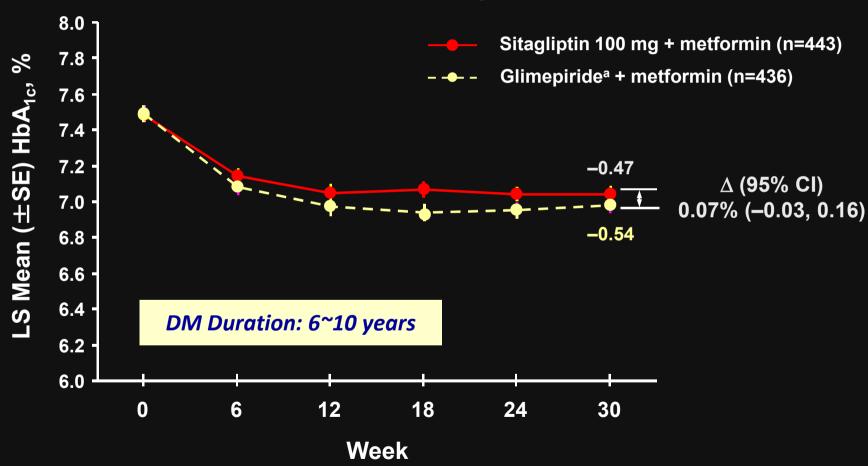


#### Sitagliptin: proven non-inferiority compared with SU?



# Sitagliptin Provides Comparable A1c Lowering Effect with Glimepiride

#### **Per-Protocol Population**

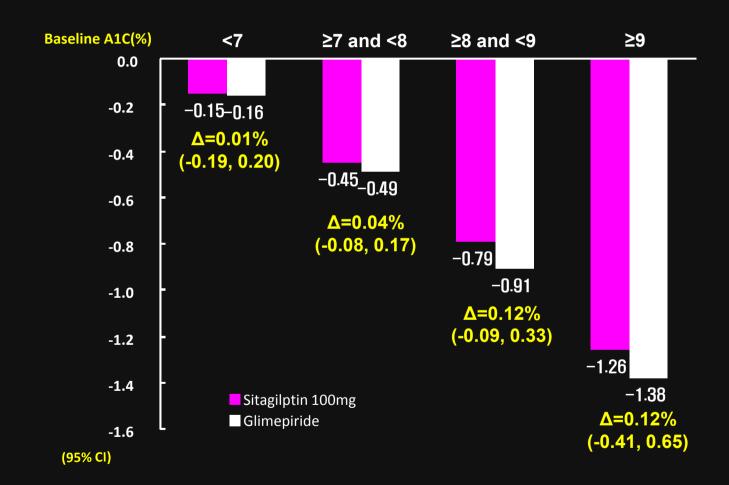


LS=least squares; SE=standard error.

<sup>a</sup>Mean dose of glimepiride (following the 18-week titration period) was 2.1 mg per day.

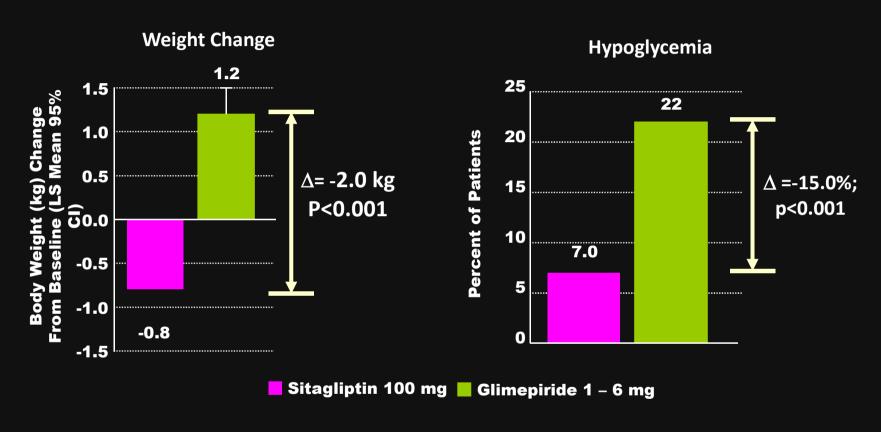
1. Arechavaleta R et al. Diabetes Obes Metab. 2011;13(2):160-168.

## Sitagliptin provides comparable A1c Reductions Associated With Higher Baseline A1c with Glimepiride



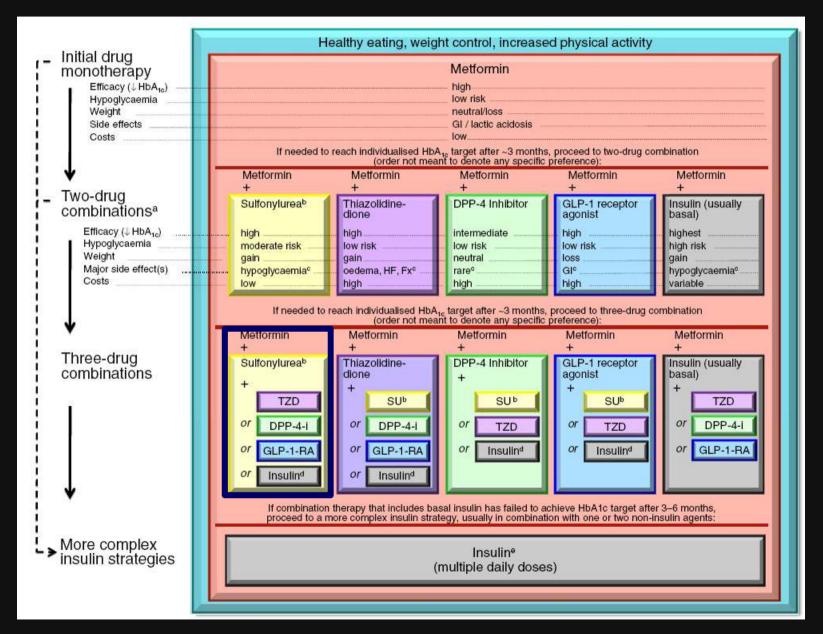
CSR PN803 (4/21/10)

## Sitagliptin vs. Glimepiride Added to Metformin in Patients With Type 2 Diabetes Mellitus: Body weight gain and Hypoglycemia

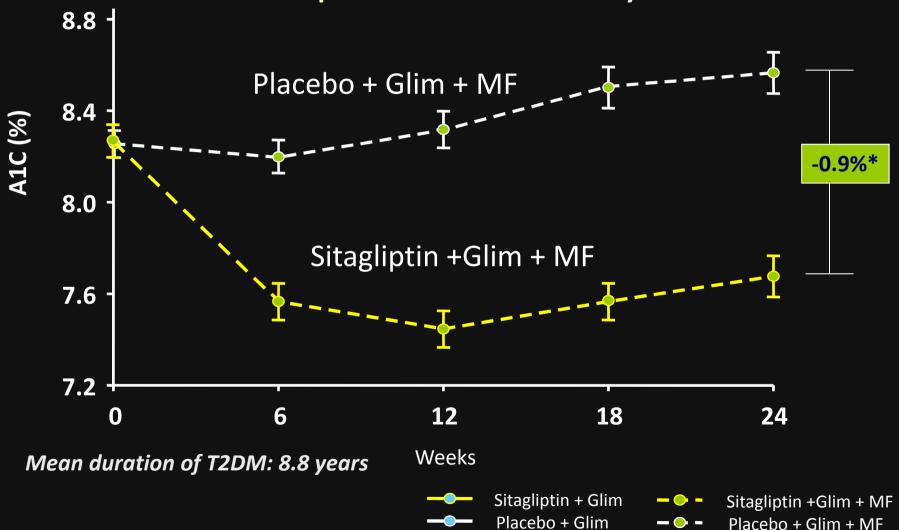


- Patients on Sitagliptin lost weight while those on glimepiride gained weight
- Incidence of hypoglycemia was higher with glimepiride therapy

#### **Sitagliptin: Proven triple therapy**



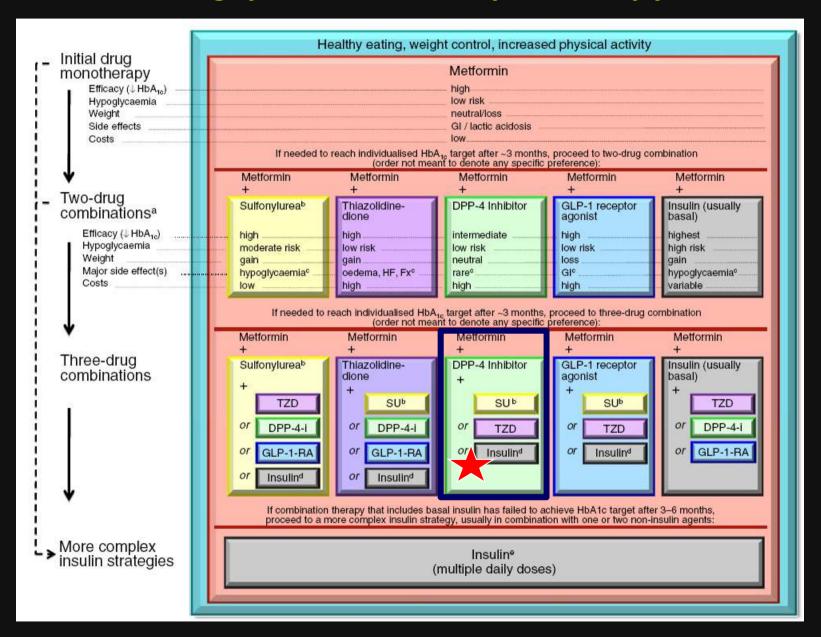
# Placebo-controlled Add-on to Glimepiride + metformin Study



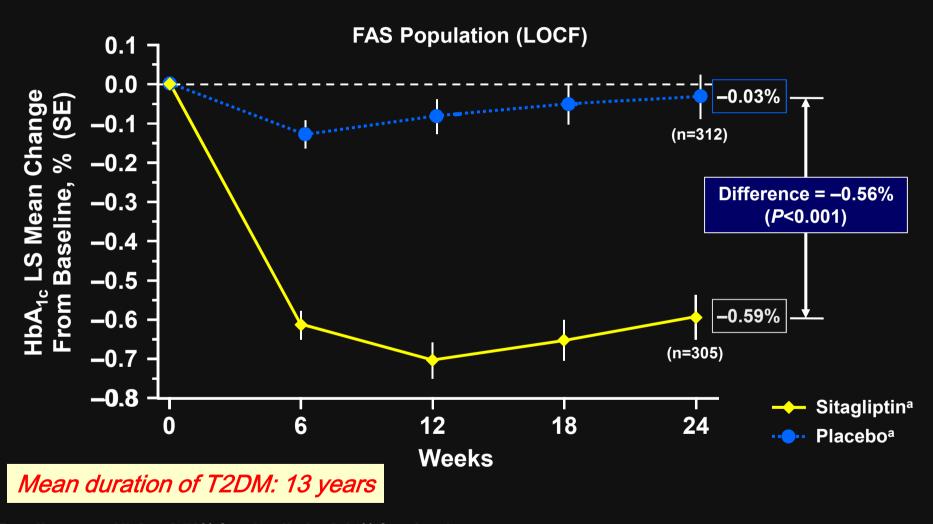
Difference in LS Mean change from baseline

Adapted from Hermansen et al. Diabetes Obes Metab 2007;9:733-745

#### **Sitagliptin: Proven triple therapy**



## Addition of Sitagliptin to Insulin Therapy: HbA<sub>1c</sub> Change From Baseline Over Time



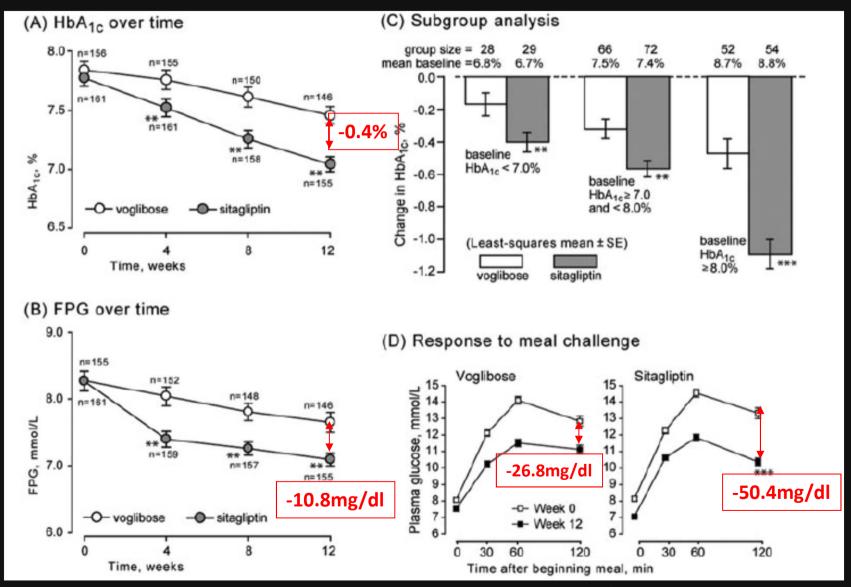
<sup>a</sup>Baseline mean HbA<sub>1c</sub>: 8.72% for sitagliptin, 8.64% for placebo FAS=full analysis set; LOCF=last observation carried forward; LS=least squares; SE=standard error. Data on file, MSD.

### Sitagliptin vs AGI?





# Sitagliptin monotherapy offers SUPERIOR Efficacy compare to Voglibose



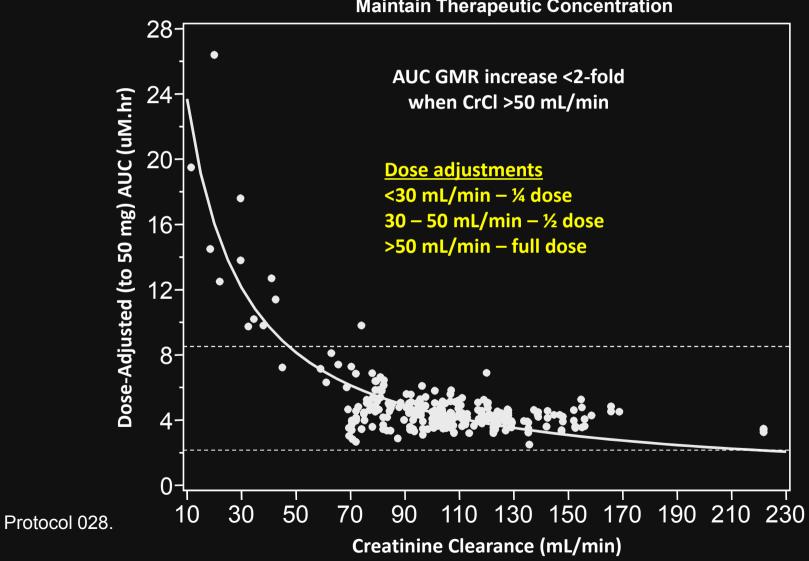
### **Launch Sitaliptin 50mg**

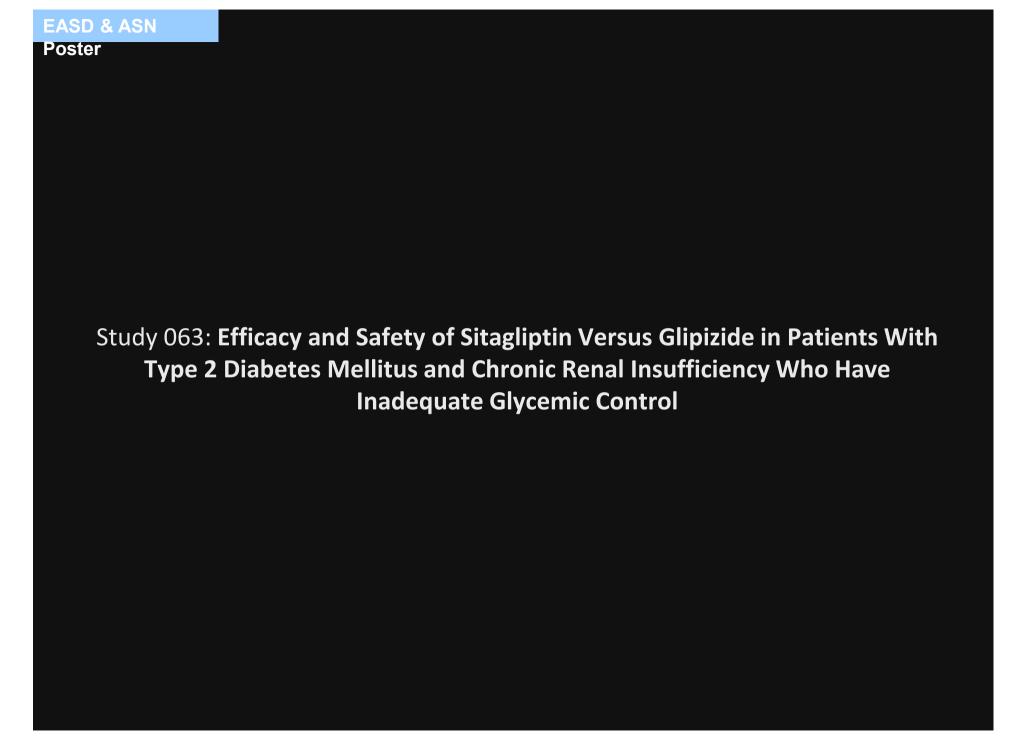




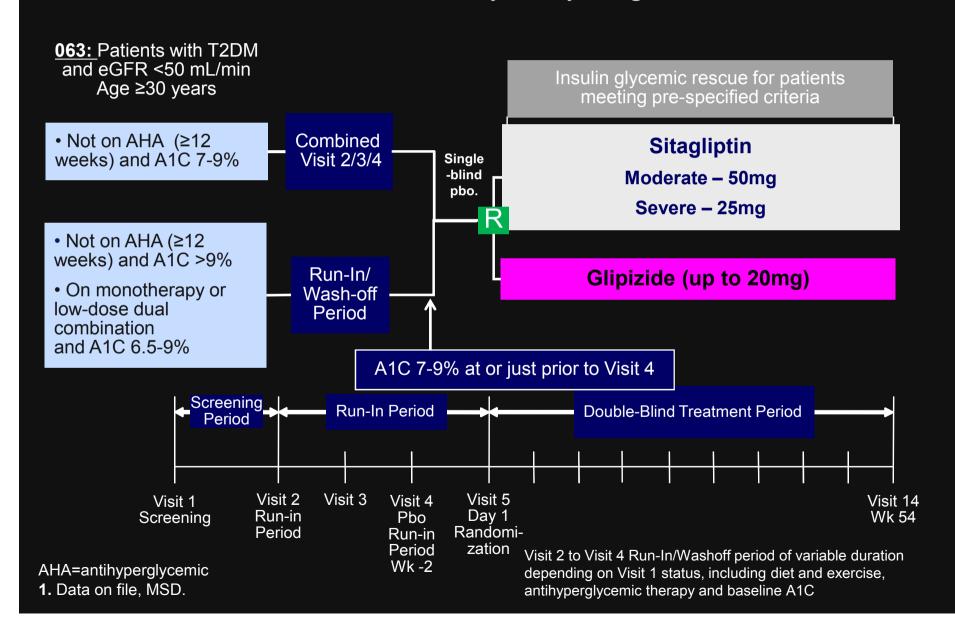
## Effect of Creatinine Clearance on Plasma Concentration AUC of a Single Dose of Sitagliptin

AUC Increases With Decreasing Creatinine Clearance Necessitating a Dose Reduction to Maintain Therapeutic Concentration

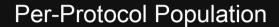


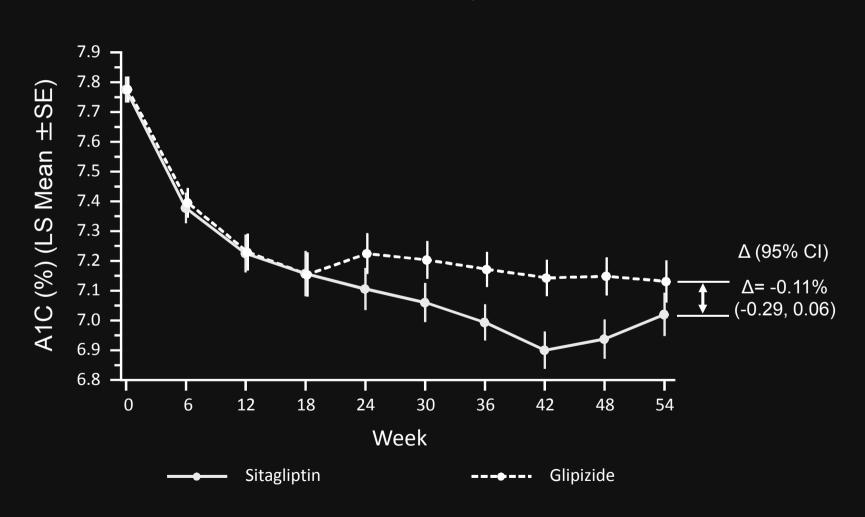


## Sitagliptin vs. Glipizide in Patients with T2DM and Moderate to Severe Renal Insufficiency: Study Design<sup>1</sup>



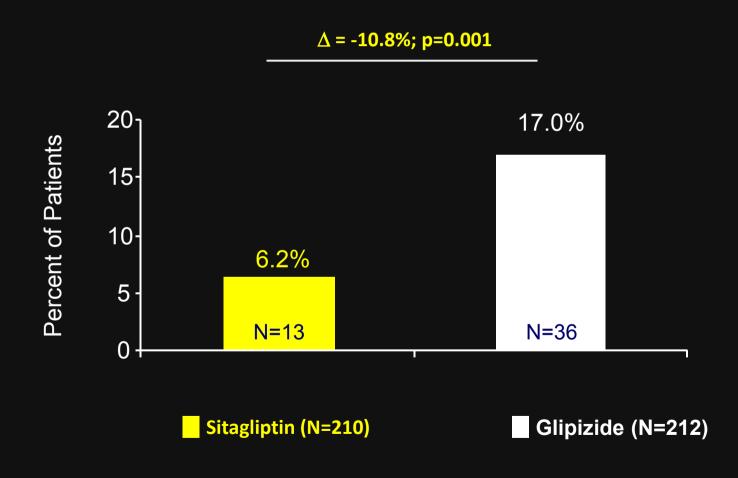
#### A1c over time: Moderate to Severe renal insufficiency in T2DM





#### Lower hypoglycemia in Sitagliptin than Glipizide

(APaT, Excluding Data After Initiation of Glycemic Rescue Therapy)

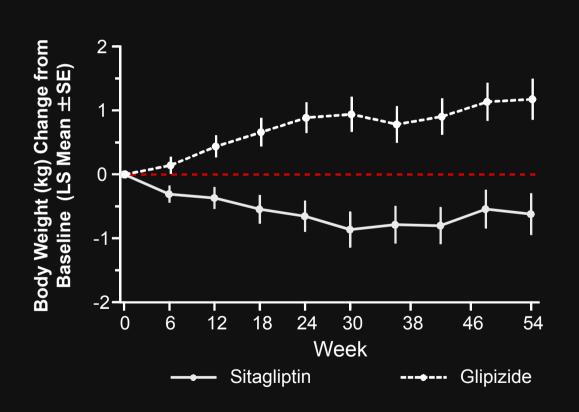


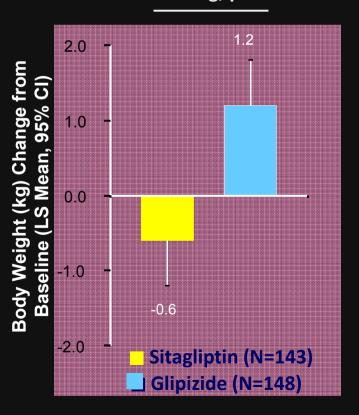
#### **Body Weight**

(APaT, Excluding Data After Initiation of Glycemic Rescue Therapy)



 $\Delta$  = -1.8 kg; p<0.001





### DPP-4 Inhibitors: Indication Comparison

		Sitagliptin	Vildagliptin	Saxagliptin	Linagliptin	
Mono	DPP4-I	V		V	V	
Dual	MET	V	V	V	V	
	SU	V	V	V	V	
	TZD	V	V	V		
Triple	Met + SU	٧			V	
	Met + TZD	V				
Insulin	Insulin +	V				
	Insulin + met	V				
Approval	FDA	٧		V	V	
	EU	V	V	V	V	
1. 2011 Januvia 제품 설명서, 2. 2011 가브스 제품 설명서, 3. 2011 온글리자 제품 설명서, 트라젠타 제품설명서						

#### Versatile roles of the DPP-4i in the management of T2DM

